



A Handful of Rice

In Mizoram, India the churches there practice “a handful of rice.” This is a way for them to fund their church and missions by simply setting aside a handful of rice at each meal to sell later on for supporting mission work.

We all can practice this idea each week during our local grocery shopping trip. Simply choose an item(s) from the list below and bring them to your bible study leader. You can also make a financial donation weekly or monthly to this ministry directly either by cash, check, online, or by scanning the QR code below. Donations go to feeding the students in our local area who experience food instability.

Items needed:

Hormel Compleats Meal

Pop-top cans of fruits or vegetables

Pudding cups

boxes of nutigrain cereal bars

a jar of peanut butter

Pop-top cans of proteins (ex. ravioli, spaghetti-O's, etc)

*Pop-top cans are preferred as many of these students do not have access to a can opener.

